

# Year 1 and 2 (Rainbow Funsticks)



6 Players in a team\*

4 Field players on the field

No goalkeepers



Twelfth field

20 min coaching prior to game

Two goals each side

20 min game

Totaling 40-45 min

Coaches only 7<sup>th</sup> May.

WHA will provide a WHA Coach to lead the training sessions:

Term 2: 14, 21, 28 May Term 3: 30 July, 6, 13 Aug

On the other dates the school team coach is to lead the training portion of the Rainbow session, using the drills that WHA provide prior to the session, Stu will also be floating on these days for any assistance/questions.



Boys and girls mixed

No grades

No scores kept

<sup>\*</sup>Recommended team size



#### Rainbow Funsticks Field Layout

RB01	RB04	RB07	RB10
RB02	RB05	RB08	RB11
RB03	RB06	RB09	RB12
Turf 1			



#### Year 3 and 4





8-9 Players in a team\*6 Field players on the fieldNo goalkeepers



Quarter field

Two mini goals each side

2 x 13 min. periods

2 min. breaks between halves



Boys and girls mixed

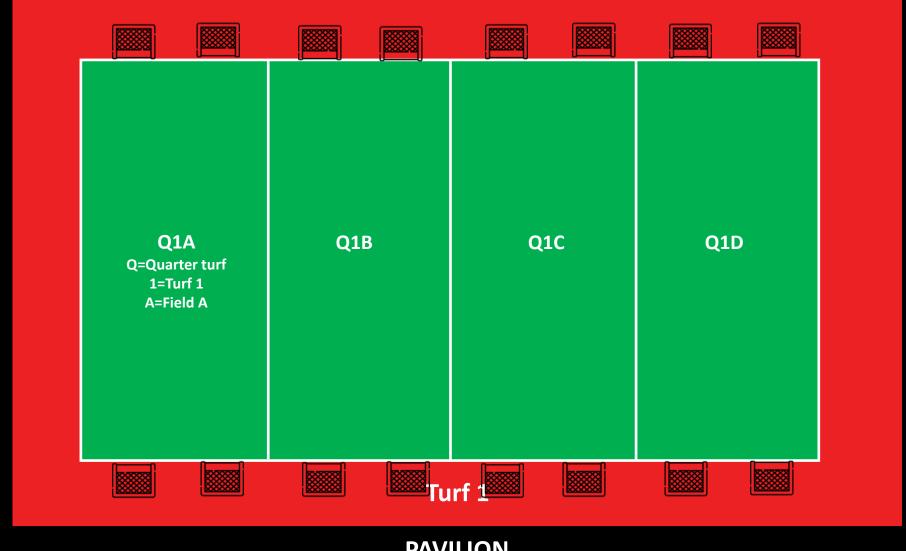
Beginner
Development (split in 2 pools)

No scores kept No finals

We strongly encourage rotation of playing positions for all players. This encourages development of different, transferable skills and conceptual understanding across all players.



## Quarter Field Layout: Year 3-4



#### Year 5 and 6 (Quarter field)





9 Players in a team\*6 Field players on the fieldNo goalkeepers



Quarter field (no Half field 2021)

Two mini goals side by side

2 x 13 min. periods

2 min. breaks between halves



Boys and girls mixed

Beginner
Development (split in 2 pools)

No scores kept No finals

We strongly encourage rotation of playing positions for all players. This encourages development of different, transferable skills and conceptual understanding across all players.



## Quarter Field Layout: Year 5-6

