



Kwiksticks Development Rules and Guidelines
Half Field Intermediate Hockey (With Goal Keeper)
March 2020

1. The standard rules of hockey apply except for the following amendments.
2. 6 field players per team on the turf at any one time and one fully kitted goal keeper. Substitutions at any time except during penalty corners. Substitution of a player is permitted only after that player has left the field and tagged the oncoming player.
3. Three periods of 15 minutes with five minutes between periods. Games are required to be played within the allocated time slot. If your games starts late to must still exit the turf before the allocated finish time. (Penalty corners are not played out at the completion of any time period).
4. Played on a ½ of a hockey turf. Where available, a drain flow pipe (or similar) will be placed between the two fields and will become the side-line board. The other side-line will be the 11 aside field baseline.
 - a. If the ball crosses the side-line or pops over the pipe, the opposing team takes a free hit/push at that place. Play continues where the ball hits the pipe but remains in play.
5. Footwear, mouth guards and shin pads **must** be worn by all players.
6. Standard hockey balls are to be used.
7. In the event of a penalty corners the defending team has 3 field players and the goalie positioned behind their own goal line with the remaining 3 defensive field players in the **opposition goal circle**. A penalty corner should be taken within 30 seconds of being awarded.
8. Each team is to provide an umpire, with a whistle, for their own game. Team coaches are able to umpire, but not 'coach' when doing so.