



WHA Coaching Workshops 2017

This year we are looking to build on the current coaching base in the Waikato. Hopefully, there is a course within our development framework that will interest and extend every coach in Waikato. To make it easier to access the correct workshop for your needs the workshops have been placed into three categories (stages). This worked well in the past so the system will be continued this year. The stages are:

- Stage 1 is an introductory level for new or returning coaches
- Stage 2 is for current coaches who need more “tool in their tool box”
- Stage 3 is for experienced coaches that want to challenge their players to move to the next level

The table below outlines dates and times. All workshops will be held at Gallagher Hockey turf/pavilion and all workshops will start at 6:30pm. In all cases meet in the board room regardless of the workshop being theory or practical. After the schedule an explanation of the workshop content is outlined.

Waikato Hockey will again cover all costs associated with these workshops to recognise the input coaches have as hockey volunteers and to encourage as many people as possible to attend these workshops.

To register for any of these workshops please email me at sam@waikatohockey.org.nz

If you need any more information about coach education and resources you can email or contact me on 027-2709049

Cheers

Sam Brown

Waikato Hockey Development Manager
SportsForce Hockey Development Officer



Date	Time (pm)	Stage 1	Stage 2	Stage 3
3 April	6:30 – 8:30		HNZ Club and Youth	
10 April	6:30 – 8:30	HNZ Small Sticks		
12 April	6:30 – 7:30		Season Planning	
28 April	6:30 – 8:00		Game Systems and Pressing	
1 May	6:30 – 7:30	WHA Into to Coaching		
3 May	6:30 – 7:30		ACC SportSmart	
8 May	6:30 – 7:30		Goalkeeping	



Workshop Explanations

Stage 1 Workshops (Introductory level)

[HNZ Small Sticks - Coach Workshop](#)

If you have never coached before, or haven't coached for a while, and you want to learn how to coach modern turf hockey, come along to a Small Sticks Coaching workshop. The workshop will focus on the coaching of two key age groups, the 5-8 year old age group and the 9-12 year old age group. The workshop will have some theory content but the real action takes place on the turf with interactive drills and skills. This is mainly a practical session with coach participation encouraged. At the conclusion of this workshop you will get a log in code to access the HNZ coach education portal which will lead you through the theory content related to coaching this age group.

[WHA Introduction to Coaching](#)

This module is designed for first time coaches of primary aged children. You will learn how to coach the very basics like holding a stick, passing the ball, trapping the ball, dribbling and tackling. You will be shown techniques and tricks to make it easy for the children to learn such critical skills. This is a practical session with coach participation encouraged.

Stage 2 Workshops (Development level)

[HNZ Club and Youth - Coach Workshop](#)

If you are coaching a secondary school team or a club team and you want to learn more about how to coach modern turf hockey, come along to the Club and Youth Coach Workshop. The workshop will have some theory content but the real action takes place on the turf with interactive drills and skills. This is mainly a practical session with coach participation encouraged. At the conclusion of this workshop you will get a log in code to access the HNZ coach education portal which will lead you through the theory content related to coaching this age group.

[Goal Keeping - Coach Workshop](#)

Little known fact Goal keepers are part of your team too!!! So why do we neglect them at training sessions and just "smash" hockey balls at them. This workshop will cover some basic skills that need to be taught to goal keepers but more importantly it will cover ideas for engaging them at training sessions. This is an outdoor session.

[Game Systems and Pressing – Coach Workshop](#)

This workshop will cover a few of the common game systems, and how to press an opposition team in different ways from each system. This will be an interactive session with participants asked to share ideas and discuss different concepts. If you have one, bring a white board!!!

[Season Planning - Coach Workshop](#)

This workshop will cover all aspects of season planning such as conducting trials, management team composition, build up games, Team talks, training sessions and game day schedules. This is a theory session.



Umpiring workshops

No sport can exist without those willing and able to stand in the middle and blow the whistle.

WHA will be running umpiring coaching clinics for those interested in helping out. Coaches, and parents, are welcome to attend as a refresher on the rules can assist, and possibly reduce the chance of any frustration.

It is worth remembering that those umpiring in the intermediate grade are generally in the early stages of their umpiring career.