

Summer League Year 3 - 6



Rules and Guidelines

EVERY TEAM MUST BE ACCOMPANIED BY AN ADULT SUPERVISOR

COMPULSORY:

- UNIFORM
- MOUTHGUARD
- SHINPADS

TEAMS:

- 6-a-side with rolling subs at any time.
- No goalies.
- No kicking full backs.

GAME:

- Quarter field, 13min halves, 2min half time.
- The ball can be pushed. NO hits or slap hits.
- All shots at goal must NOT be lifted.

FREE PUSHES:

- All opponents must be 3 metres away from the ball.

There are NO penalty corners, a free push is awarded midway between base line and halfway.

THERE ARE NO PENALTY STROKES.

THERE IS NO OFF-SIDE.

NO lifted balls.

NO over-heads.