



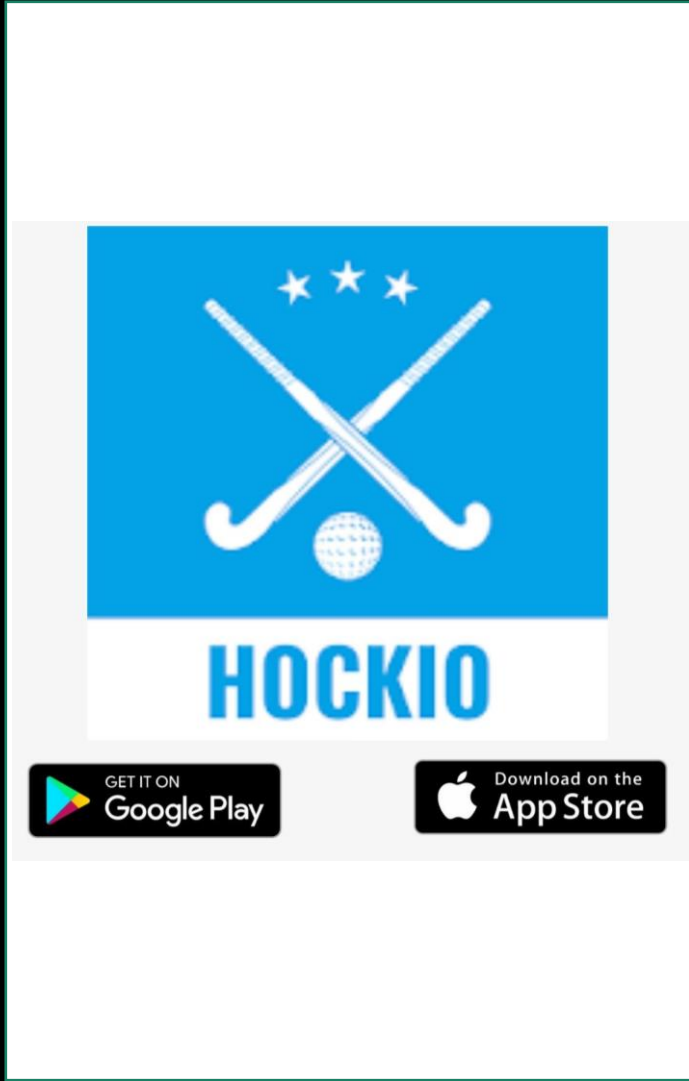
2021

Introduction



HOCKIO

Training



Download Hockio on your phone.

Use this to view draws and standings.



85% 2:47 PM

HOCKIO

Competition Management Software

LOG IN

Please Select Your Association

SELECT SERVER

Demo Hockey ▼

SELECT YEAR

2020 ▼

LOGIN

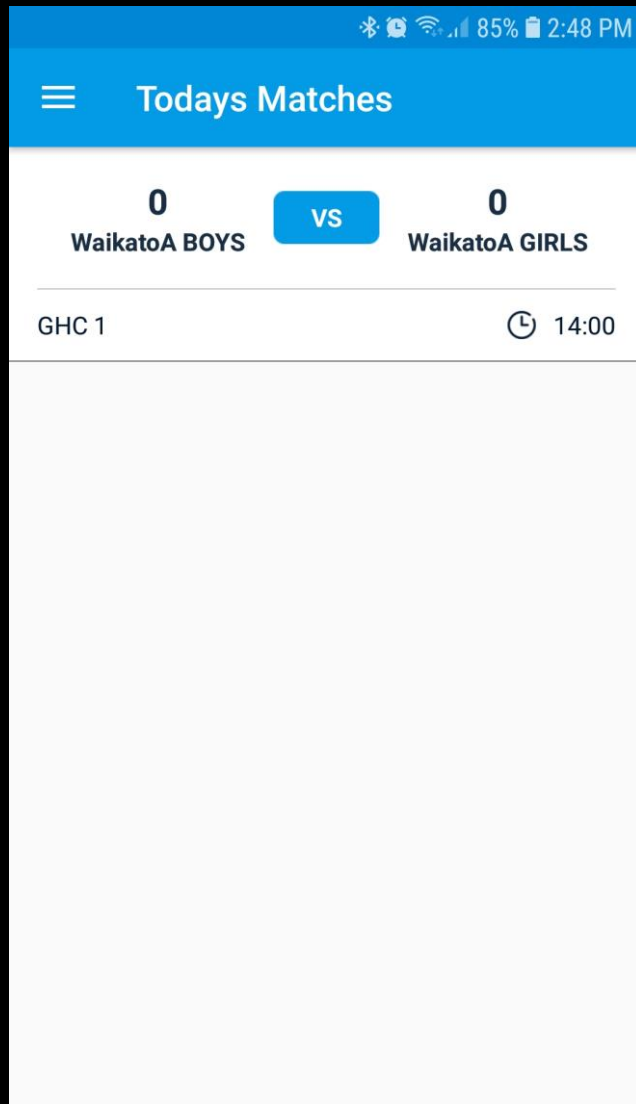
www.hockio.nz support.hockio.nz

© HOCKIO

Select Server: Waikato Hockey

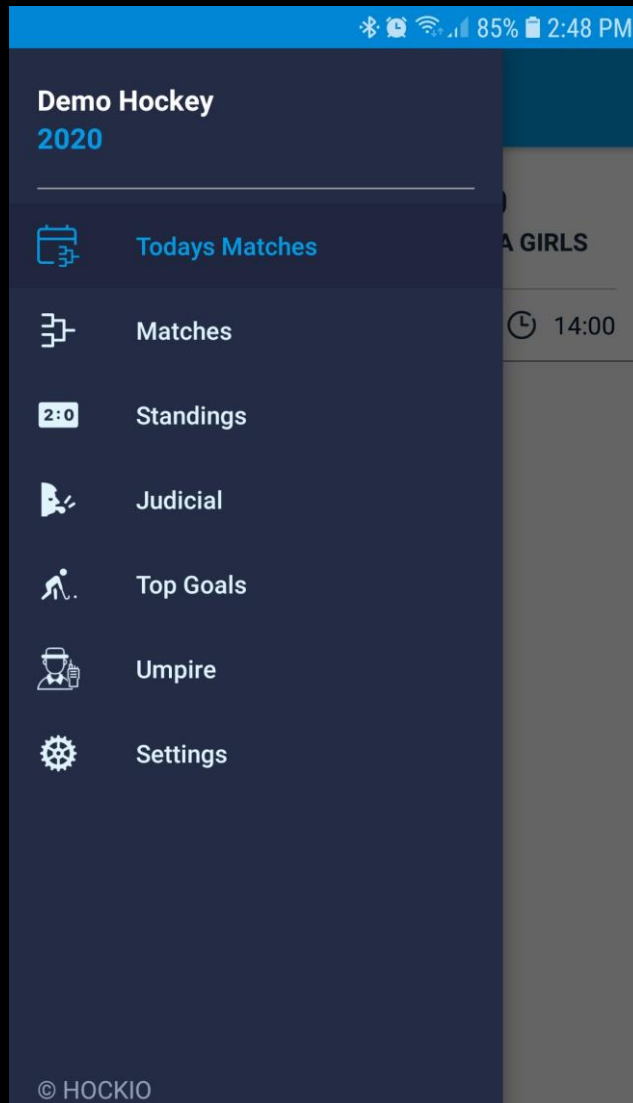
Select Year: Current year





The app will open by default to **Today's Matches**, which may be blank if there is nothing scheduled that day.



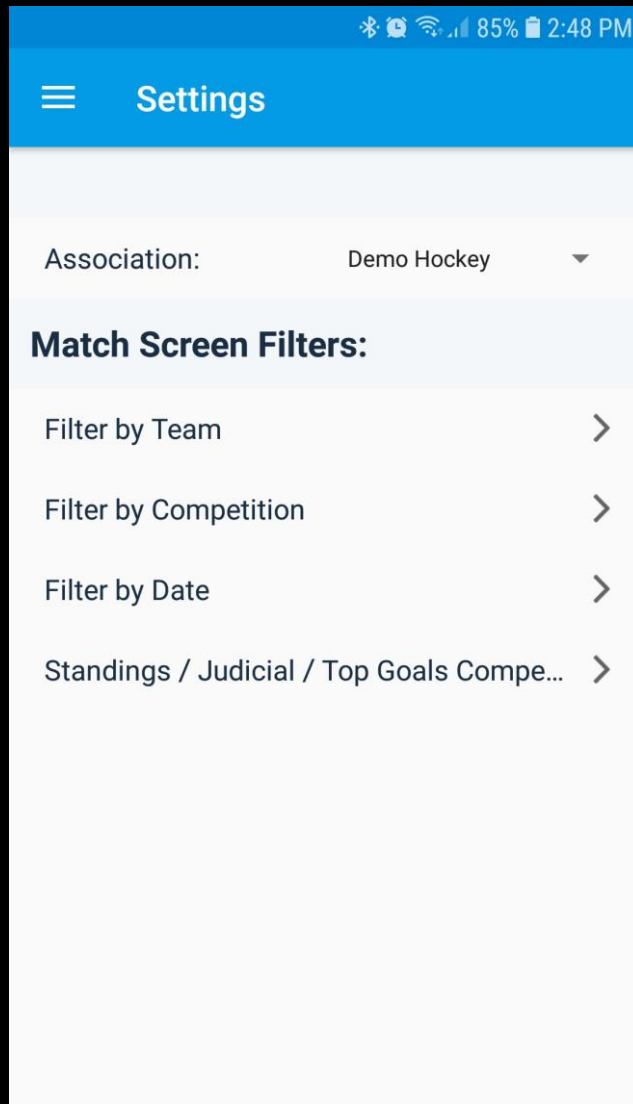


Click on the Menu Icon for options.

Matches > By default this will show all matches in the system. To narrow this down head to the settings tab (see next page)

Settings > To personalise tabs above for relevant information.





Settings:

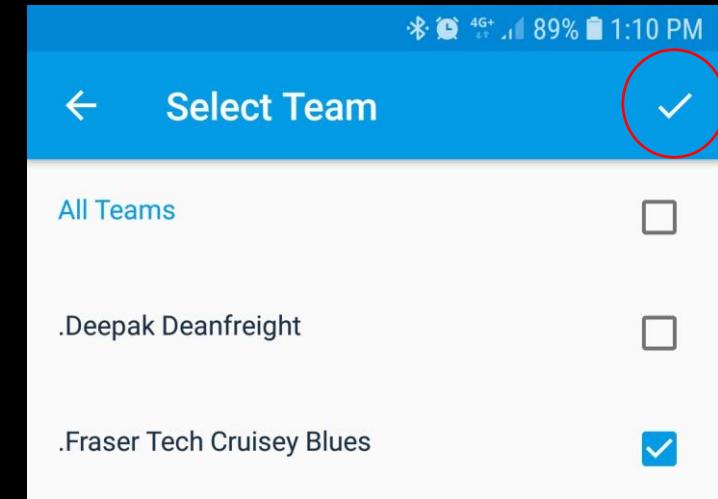
To personalize the match listings use the Team or Competition.

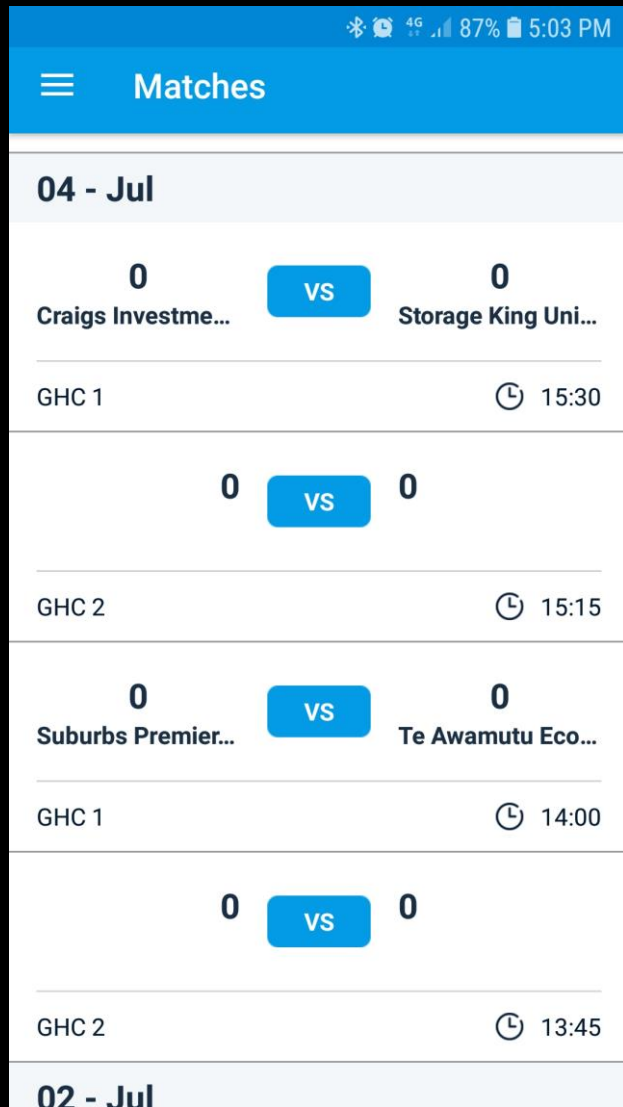
Team, Competition > Multiple can be selected.

You **must** click the tick at the top to save your selections.

Examples:

You are wanting to follow two children in different teams. Select both teams in the 'filter by team'.





Matches screen shows matches based on filter settings.
If no filter set, then ALL matches will be shown here.

Double check the date.



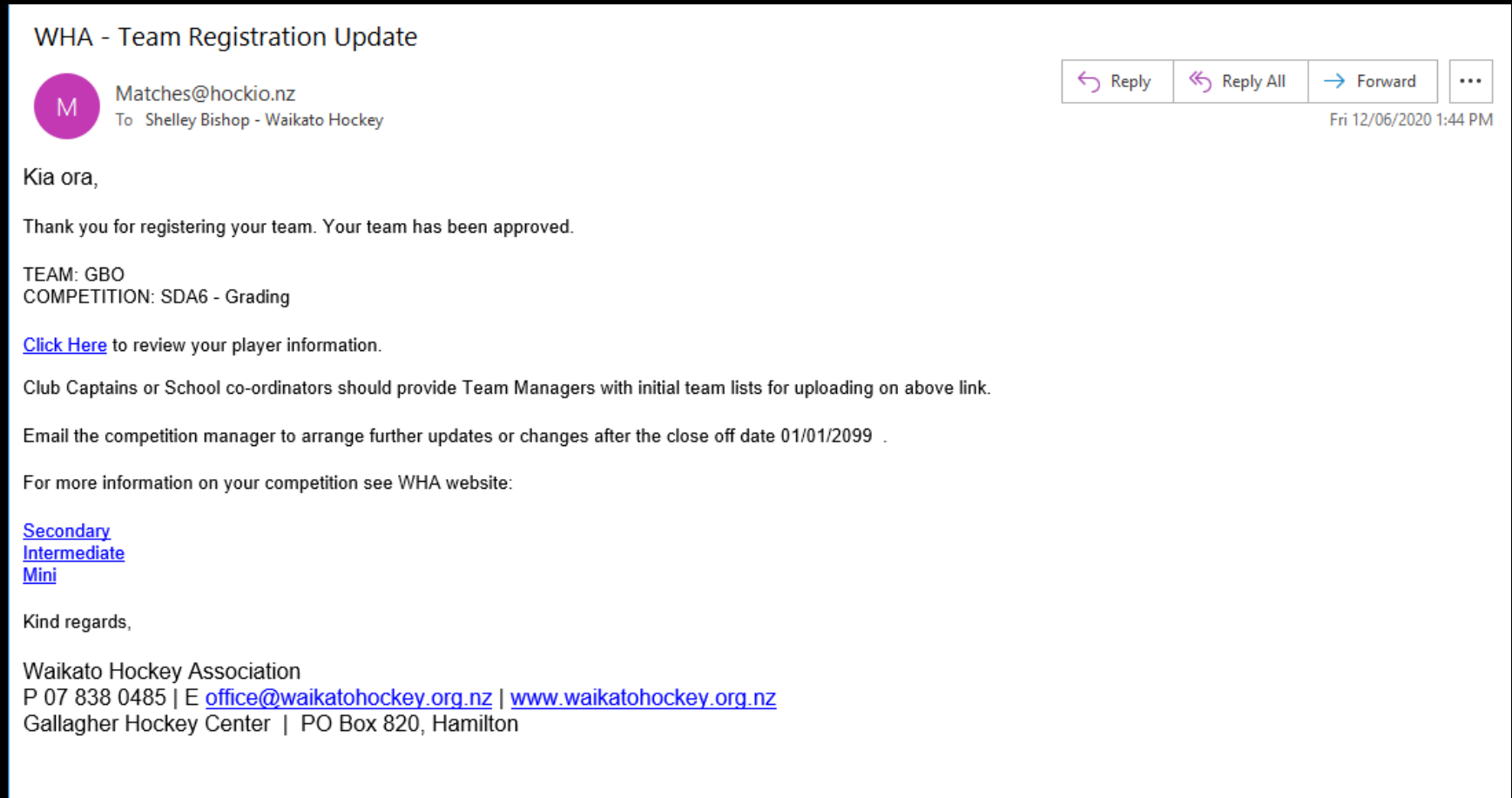
Overview

- Registering Players
- Match Day
- Post-Game



Team Registration


- 'Team approved' email goes to Team Manager
- No action required on this email



Match Day

- Team Managers will receive an email the **day prior** to the game showing game time and location. Please check in case of any changes.
- There will be a link on this email to the Match card for entering results after the match.
- Check Junk folder and add contact to safe list.
- This can be sent to multiple people if requested i.e. Team Manager, Asst. Manager etc.

HOCKIO - Team Manager Results Entry



matches@hockio.nz

To Shelley Bishop - Waikato Hockey

Reply

Reply All

Forward

...

Fri 12/06/2020 1:19 PM

Good Morning,

Your team is scheduled to play today.

Match Details:
Team: WaikatoA BOYS
Opposition: WaikatoA GIRLS
Venue: GHC 1
Time: 14:00
Kiosk Key: 22406

You are responsible to update the final result in HOCKIO.

After the match, please click the link below and enter the results. If you have a dispute, you can enter the results and register the dispute via the link also.

[Click Here](#)

Once both teams managers have entered the results, and providing they match with no disputes the system will automatically update the standings. If you have registered a dispute the Competition Manager will review and make contact with you.

Any questions please email the competition manager on admin@waikatohockey.org.nz

Kind regards
HOCKIO

Post-Game

- Enter the result of the game for grading purposes.
- Submit result immediately after your game.
- This is **not** done through the Hockio App.
- You will require data/wifi.

Hockio - Match

WaikatoA BOYS vs WaikatoA GIRLS
12/06/2020 14:00
GHC 1

HOCKIO

Team Disputes

Please Enter Results

WaikatoA BOYS

- 0 +

WaikatoA GIRLS

- 0 +

Submit

Powered by [HOCKIO](#)

THE BENEFITS OF

SMALL SIDED GAMES

SMALL SIDED GAMES **VS** TRADITIONAL FULL FIELD GAMES

2x MORE METRES RUN

5x MORE GOAL SHOTS

4x MORE GOALS SCORED

4.5x MORE PASSES MADE

4.5x MORE PLAYER TOUCHES

* NSW Small Sided Games Study

DEVELOP
SKILLS

GAME
AWARE

ENGAGE = ENJOY

Players are **more involved** because; the structure encourages **more decision making**.
They get **more touches** & **they run more!**

▶ **ESSENTIAL SKILL DEVELOPMENT**

- Passing
- Receiving
- Leading into space
- Recognising space & opportunities

▶ **BENEFITS OF SMALL FIELDS**

- 1 Coaching made easier with positioning and structure
- 2 Help children develop a;
 - Give & Go Assist methodology
 - Strong foundation for full-field game
 - Positive style of play

Year 1 and 2 (Rainbow Funsticks)



6 Players in a team*
4 Field players on the field
No goalkeepers



Twelfth field
20 min coaching prior to game
(provided by WHA most
weeks, format TBC)
Two goals each side
20 min game
Totaling 40-45 min

WHA will provide a WHA Coach to lead the training sessions on the following dates: 15, 22, 29 May; 12, 19, June; 31 July; 7 August. On the other dates the school team coach is to lead the training portion of the Rainbow session, using the drills that WHA provide prior to the session, Stu will also be floating on these days for any assistance/questions.



Boys and girls mixed
No grades
No scores kept

**Recommended team size*

Rainbow Funsticks Field Layout



Year 3 and 4



8-9 Players in a team*
6 Field players on the field
No goalkeepers



Quarter field
Two mini goals each side
2 x 13 min. periods
2 min. breaks between halves

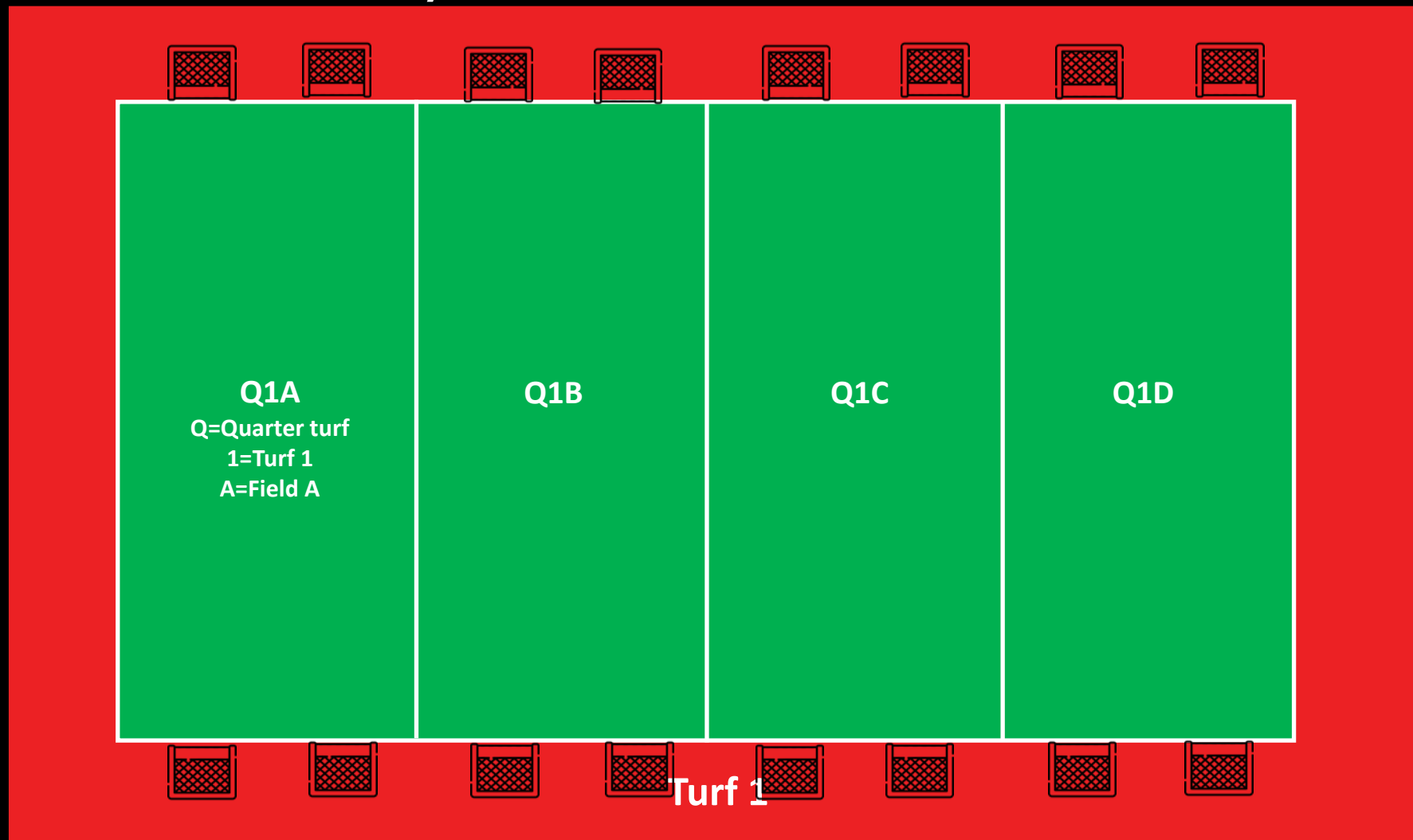


Boys and girls mixed
Beginner
Development
Advanced divisions
No scores kept
No finals

We strongly encourage rotation of playing positions for all players. This encourages development of different, transferable skills and conceptual understanding across all players.

**Recommended team size*

Quarter Field Layout



PAVILION

Year 5 and 6 (Quarter field)



9 Players in a team*
6 Field players on the field
No goalkeepers



Quarter field (no Half field
2021)
One mini goal each side
2 x 13 min. periods
2 min. breaks between halves

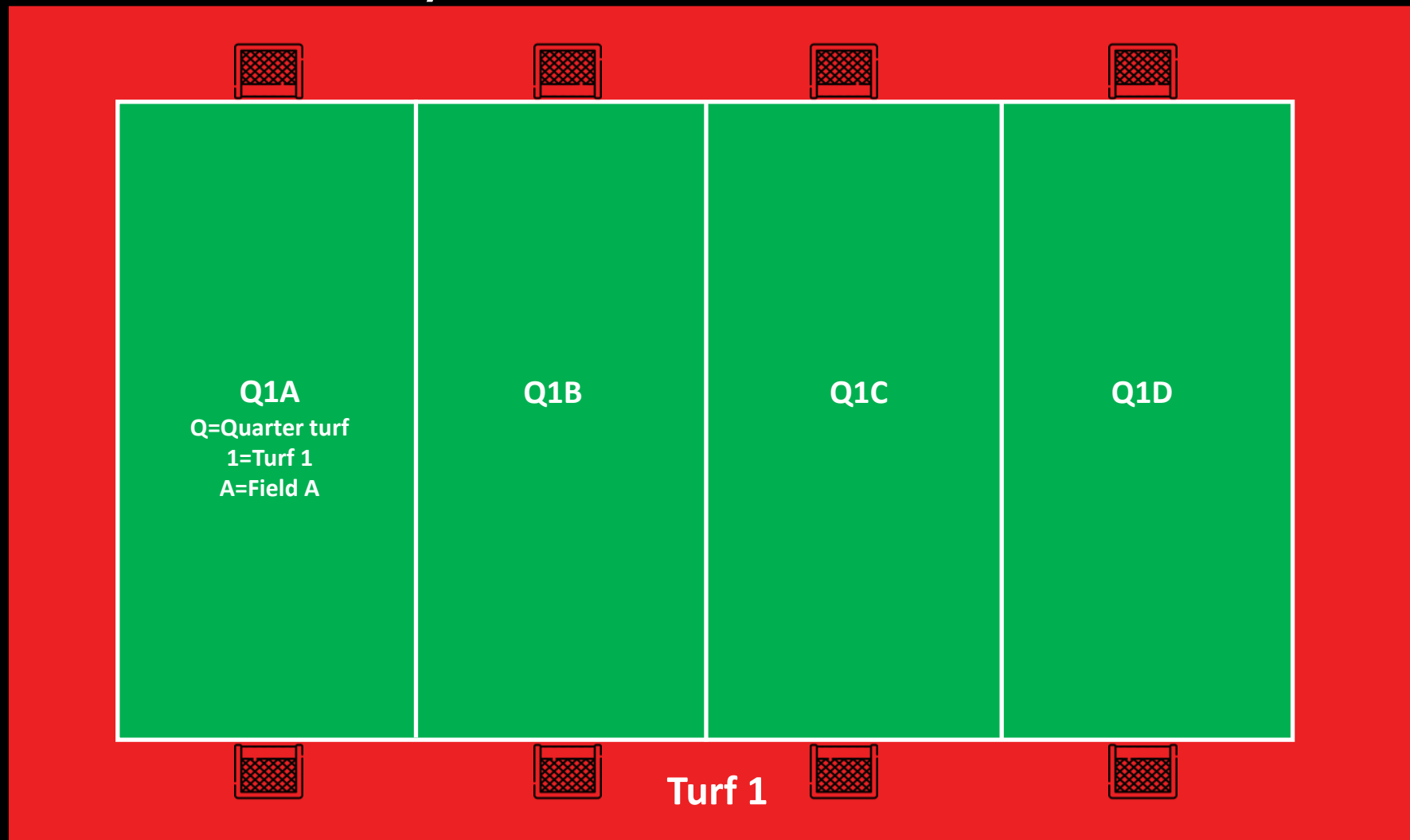


Boys and girls mixed
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Advanced divisions
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**Recommended team size*

Quarter Field Layout



PAVILION

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COACHING WORKSHOPS



| | |
|----------------------------------|----------|
| Team Building | 15 April |
| Goalkeeper Implementation | 22 April |
| Mini Coaching & Umpiring | 5 May |
| Intermediate Coaching & Umpiring | 6 May |
| Personality Types | 6 May |
| Teaching Games for Understanding | 26 May |
| Small Sided Games | 10 June |

SEE WEBSITE FOR DETAILS & TO SIGN UP

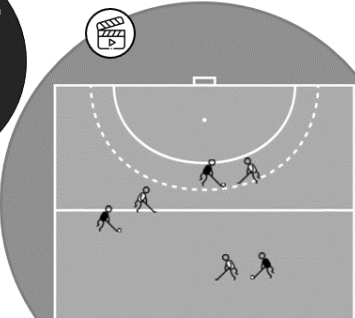
www.waikatohockey.org.nz

See our website for drills!

<https://www.waikatohockey.org.nz/coaching-development/drills/>

Find a foot

Dribbling Skills



Defenders use their stick to stop the ball hitting their foot

Play in pairs. One player has a ball one does not. Points are scored when the attacker can dribble the ball on to the defender's foot.

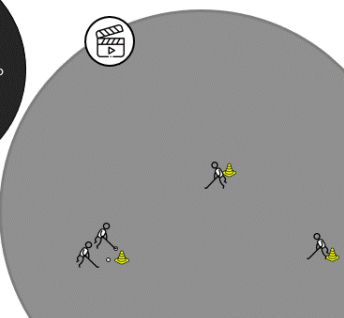
Ball on the foot is a point
Ball out is one point for the defender

Smaller / larger field
Play in teams

© Waikato Hockey Association

Pass and follow

Passing and receiving



Basic push pass
Push pass on the run
Point feet in the direction you want to go

Set up a triangle
Pass the ball along the first two lengths and run the last length

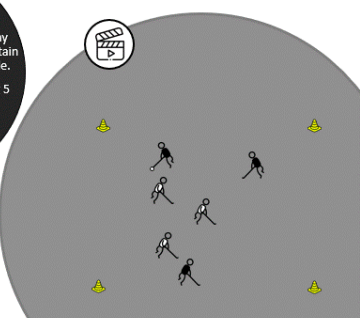
Dribble to half way and then pass the ball to the next cone.

Have 2 groups racing each other to get all the balls to the other side.

© Waikato Hockey Association

Possession

Game play



Basic ball carrying
Basic push pass

Make two teams. The teams play against each other trying to maintain possession for as long as possible.
Points are scored by completing 5 consecutive passes.

More/ less passes per point
Two balls at once
The trainer participates

© Waikato Hockey Association



U12 & U14 3-DAY HOCKEY CAMP

U12: 19-21 April

Players born: 2009 or 2010

\$195

Work on your basics

Learn new skills

Get great coaching

Coach: Player Ratio 1:8

Limited Spaces

Marae-style live-in option available for both Camps (\$295)

U14: 27-29 April

Players born: 2007 or 2008



Sign up at waikatohockey.org.nz/programs

Questions

